

WHITE BELT TO YELLOW BELT

Exam Form

Student's Name: _____	DOB: _____
Belt Size: _____	FMA Location: _____

I recognize that belts and certificates (if applicable) are awarded only when specific standards of performance are met. In the event that I may not perform to the satisfaction of the testing official(s), promotion may be delayed until further progress has been demonstrated. If I do not achieve the desired degree, I may retest for that degree on the next promotion test date. I recognize that promotion standards are uniform and that each belt degree reflects a specific level of competence.

Date: _____ Student's Signature: _____

Kicking Combination:			
	1	2	3
Kicking Combination #1	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Kicking Combination #2	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
1 = Excellent 2= Good 3= Needs Work			

Open Hand Escape & Striking Techniques:			
	1	2	3
Open Hand Escape	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Striking Techniques	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
1 = Excellent 2= Good 3= Needs Work			

- Abdominal "Danjeon" Breathing & Falling Techniques:			
	1	2	3
Abdominal breathing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Falling techniques	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
1 = Excellent 2= Good 3= Needs Work			

Breaking:			
	1	2	3
Rolling, Jumping	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Hammer Fist	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
1 = Excellent 2= Good 3= Needs Work			

Tenet of Hapkido:			
	1	2	3
Respect	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
1 = Excellent 2= Good 3= Needs Work			

Question/Answer:			
	1	2	3
Positive Attitude	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Shows Respect	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Overall	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
1 = Excellent 2= Good 3= Needs Work			

_____ Pass

_____ Please take this exam again at a later date

Official's Signature

WHITE BELT TO YELLOW BELT

Exam Request Form

Student's Name: _____

Start date: ___ / ___ / ___ Today's date: ___ / ___ / ___ Exam date: ___ / ___ / ___

Your goal to take your Black Belt exam on: ___ / ___ / ___

Please list 3 areas that you have improved in since starting our program:

(1) _____

(2) _____

(3) _____

Please list 3 areas that you would like to make improvements on:

(1) _____

(2) _____

(3) _____

Please list 3 actions you need to take to create improvements in these areas:

(1) _____

(2) _____

(3) _____

The following is a list of special services that we offer.		
Please check the appropriate ones so we can send you more information about them:		
<input type="checkbox"/> Private lessons	<input type="checkbox"/> Black Belt Club	<input type="checkbox"/> Self defense seminars for women
<input type="checkbox"/> Adult classes	<input type="checkbox"/> Family classes	<input type="checkbox"/> Birthday parties
<input type="checkbox"/> Please send me free gift certificates so I can share them with my friends and family.		

Thank you for taking the time to fill out this form.

Please be sure to sign and return this form one week prior to your Yellow Belt exam.

Exam Fee: \$65.00*

Check # _____ Cash Credit Card

Please make check payable to **FMA**

Student's Signature

<p><i>This section to be filled out by FMA instructors only:</i> I approve this student to take the Yellow Belt exam.</p> <p style="text-align: center;">Instructor: _____</p>

***Exam fee subject to change without notice.**